



**CITY OF BEVERLY HILLS**  
Telephonic / Video Conference Meeting  
455 North Rexford Drive  
Beverly Hills, CA 90210

**HEALTH AND SAFETY COMMISSION REGULAR MEETING**

**MINUTES**

Monday, May 24, 2021  
4:00 p.m.

**OPEN MEETING**

Date/Time: May 24, 2021 / 4:00 p.m.

**PLEDGE OF ALLEGIANCE**

**ROLL CALL**

Commissioners Present: Commissioners Rosenthal, Felsenthal, and Hilborne, Vice Chair Chang, and Chair Baker

Commissioners Absent: None

Staff Present: Fire Chief Gregory Barton, Battalion Chief Timothy Hayes, Acting Police Captain Max Subin, Cindy Owens, Gabrielle Ressa, Meena Janmohamed, Austin Brault, Karen Gutierrez

**COMMUNICATIONS FROM THE AUDIENCE**

None.

**APPROVAL OF AGENDA**

By order of the Chair, the agenda was approved as presented.

**CONSENT CALENDAR**

Consideration of minutes from the Health and Safety Commission regular meeting on April 26, 2021.

Motion: **MOVED** by Commissioner Hilborne, **SECONDED** by Commissioner Rosenthal to approve the minutes as amended (5-0).

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## REPORTS FROM PRIORITY AGENCIES

- Beverly Hills Unified School District (BHUSD) – Honorable Mary Wells, BHUSD Governing School Board Member, provided an oral presentation to the Commission. Highlights included the sports programs and in-person student promotions and graduation.
- Beverly Hills Police Department – Acting Police Captain Max Subin reported to the Commission police activities including the recent rallies, the increase of patrol, and the partnership with private armed security companies.
- Beverly Hills Fire Department – A-Shift Platoon Battalion Chief Timothy Hayes updated the Commission on Fire Department activities including incidents and responses metrics, and strike team and deployment.

## CONTINUED BUSINESS

### 1. Moment of Mindfulness

Commissioner Erica Felsenthal, PhD, lead the Commission in a "Moment of Mindfulness" which teaches mental health, resiliency, and mindfulness techniques. This month's topic was Mindful Eating and focusing on the present moment while consciously engaging the senses.

### 2. Health and Safety Employee Awards

This item recognizes employees who have gone beyond their daily responsibilities to contribute to the City's health and safety efforts. This month the Health and Safety Commission honored Fire Department member Kurt Versteeg for 30 years of service to the City of Beverly Hills and to the Fire Service.

### 3. Smoking and Tobacco Informational Update

Management Analyst Gabrielle Ressa provided an informational update. Highlights included the current tobacco hardship exemption application, enforcement of the City's Smoking Ordinance, and smoking legislation. She also announced that the City of Beverly Hills and Manhattan Beach are joint recipient of the World Health Organization's No Tobacco World Day Award.

### 4. COVID-19 Update

Meena Janmohamed, Emergency Management Manager and Austin Brault, Emergency Management Intern, updated the Commission on the COVID-19 pandemic, vaccine statistics, locally, throughout the county and the nation. Austin Brault spoke on the current resources available, reopening of City Hall and the City's continued response to the pandemic.

Resources provided during this presentation:

- Residents can access COVID-19 related information at [www.beverlyhills.org/coronavirus](http://www.beverlyhills.org/coronavirus) and [www.beverlyhills.org/covidvaccine](http://www.beverlyhills.org/covidvaccine).

## NEW BUSINESS

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## 5. The Seventh Inning Stretch

This item is a pro-health intermission that focuses on the need to stay active. Christo Pellani, Life and Health Coach and Master Drummer, lead the Commission in a “Seventh Inning Stretch”. He provided a short demonstrational video, which addressed the positive aspects of stretch relief, injury prevention, blood circulation and mind rejuvenation.

Resources provide during this presentation:

- Visit [www.soundformation.com](http://www.soundformation.com) for more information.

## 6. Anti-inflammatory Nutrition & Gut Health

The Commission heard a presentation on nutrition and wellness by Certified Integrated Nutrition Health Coach and Holistic Nutrition Chef Lilly Padilla, AADP. Lilly spoke on holistic wellness, anti-inflammatory nutrition and gut health, and shared information about the human micro-biome. She emphasized to eat with a purpose in mind to target your goal through diverse foods, anti-inflammatory foods, and other beneficial ingredients.

Resources provide during this presentation:

- Visit [www.LillyPadilla.com](http://www.LillyPadilla.com) for more information.

## 7. National Wildfire Safety Awareness

This item provided an informational presentation by David Stone, Assistant Fire Chief, Region 1 at State of California, California Governor’s Office of Emergency Services Fire and Rescue. Topics of discussion included outlook of the 2021 fire season, federal/state response programs, engine types, and assistance grants and agreements.

## PROJECT UPDATES

None.

## COMMUNICATIONS FROM THE COMMISSION

- Chair’s Report
  - Mayor’s Cabinet Meeting Highlights – April 12, 2021
    - Chair Cathy Baker attended the April 12, 2021 Mayor’s Cabinet Meeting. Highlights were included in the packet for Commissioners to read.
- Commissioner Items – None

## COMMUNICATIONS FROM STAFF

- Director’s Report
  - Beverly Hills Fire Chief Gregory Barton shared information about the upcoming JUST IN CASE, BH Program community block outreach and future community meeting.
- Community Emergency Response Team (C.E.R.T.) Newsletters – the latest C.E.R.T. newsletters were included in the packet for Commissioners to read.

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**ADJOURNMENT**

Date / Time: May 24, 2021 / 6:10 p.m.

PASSED AND APPROVED THIS 24<sup>TH</sup> DAY OF MAY, 2021

*Cathy Baker*

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Cathy Baker, Chair